

**Kisalföld**

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## **Six countries: for the better quality of life**

### **For the comfortable old age**

When we heard the word Bologna we think of the Italian city and the Italian-style spaghetti, but we can think of another thing in connection with this: of that care methods for old people, which connect the experiences of the social work of six countries.

The so-called Bologna programme proposes such international residence models, that can be applied to a kind of recommendation for the countries joining the programme. The Italian winners of the EU application chose Győr from Hungary to cooperate in the programme. The research has begun.

#### **Survey: the experiences can be used in six countries**

##### **People would like safe old age years**

Old people would like to live happy and as far as possible healthy life in their 70-80 even 90 years as well. In Győr- in a unique way in Hungary- experts worked out five models to realize it.

Some days ago we heard from dr. Iván László- the professor of the gerontology- that the rate of the old people in Europe is about 20 %, and it is increasing continuously.

##### **They would stay in their own home**

According to an international research old people are attached to the usual environment extraordinarily, so one of their greatest desires to live in their own home while it is possible. We know many good example in Győr. For example Gallai Rezső (102 year old) is absolutely self-supporting, his son, daughter-in-law and the employees of the social care center help him. He feels himself very well, and uses the help of the home signal system and the social workers as well.

##### **Győr was chosen from Hungary**

The duration of the EU project is 30 months, Hungary and five other countries (Italy, Sweden, Spain, England, Lithuania) work together- said Páternosztér Piroška, the head of the Socialpolitical and Health Office of the self-government in Győr.- Italy made an application, and won. We work out such residence models-considering international aspects and proposals-, whose goal is the

reservation of the self-support, the improvement of the independence and the quality of life. In Hungary Győr is unique to do this activity.

According to the professional manager we interpret this work as a kind of regular book, that can be used the shaping of the old people's new flats and the reconstruction of the old homes, too.

It is great honour, that Győr was chosen from Hungary to take part in the programme.

### **Five modells were worked out**

Páternoszter Piroska mentioned five modells, the apartment-house for olds, the home-help-system using signals, but they made modells for temporary care-houses, two long-term residence homes with their infrastructure, advantages and disadvantages.

Working up the informations is continuous, the main thing, that the way of thinking about the problems is very similar inside the European Union. The welcome is very good, as every action happens for the old people from the research to the realization.

The partners in the project will visit Győr in the frame of a study tour probably in 2006.